Custom-Made vs. Over-the-Counter Orthotics

Why Orthotics?

Stabilizing orthotics are prescription shoe inserts. They’re custom-made to easily slide into your shoes and support the unique shape of your feet.

Just as everyone has a unique personality, everyone has a unique body structure and foot shape. The benefit of using custom-made orthotics—rather than generic, mass-produced ones—is that they’re perfectly fitted to you.

Custom-Made, Stabilizing Orthotics

1. Support all 3 arches of your feet to help balance your body
2. Promote optimum posture and enhance and secure Chiropractic adjustments
3. Guaranteed or your money back
4. Individually designed based on 3D imaging or impressions of your feet
5. Patented Gait Cycle System® offers support through each phase of your gait

Over-the-Counter Orthotics

1. Only support one arch and often overcorrect, causing more harm than good
2. Offer generic solutions for a number of foot conditions
3. Durability is questionable, so you may spend more money over time replacing them
4. Just add cushioning to treat the symptom rather than the underlying problem
5. Do not provide custom support for your gait
What Stabilizing Orthotics Do For You

**BEFORE**
Unsupported

**AFTER**
Supported with Stabilizing Orthotics

**FULL BODY PAIN**
Your feet may not hurt, but they can cause stress and pain throughout the body.

**PAIN RELIEF**
Relieve pain by fixing biomechanics

**PROVEN**
Foot Levelers orthotics are proven to reduce pain

**COMFORT**
Foot Levelers orthotics provide comfort and pain-relief all day long.

Without Orthotics

With Foot Levelers Orthotics
PROVEN
Less Pain. More Comfort

Foot Levelers custom orthotics are PROVEN to reduce Low Back Pain by 34.5%

What Orthotics Do For Your Body

Foot Levelers stabilizing orthotics were developed to improve your comfort level. Foot Levelers orthotics also help reduce low back pain, hip pain, and even neck pain. Learn more about each of these conditions and how Foot Levelers can help you live a pain-free lifestyle.

Low Back Pain
There are many possible reasons for low back pain, but spinal strain and postural fatigue account for about 70% of cases not caused by more serious conditions.

Sacroiliac Joint Pain
The sacroiliac (or SI) joints are the link between your spinal column and pelvis. They help absorb damaging shock forces and they also help stabilize the body and transmit weight to the lower limbs.

Knee Pain
There is no single cause for painful knee joints. But there are generally 2 types of contributing factors: traumatic and chronic.

Short Leg
Leg length inequality (LLI) can cause pressure, stress, and pain in your knees, thighs, hips, pelvis, and spine.

Ask your doctor how Foot Levelers can help reduce pain.
What Orthotics Do For Your Feet

The pain you feel in your feet is debilitating and prevents you from living life to its fullest. Foot Levelers stabilizing orthotics offer relief from some of the most common foot conditions, including plantar fasciitis and metatarsalgia. Foot Levelers orthotics are a great solution if you’re experiencing foot pain.

Flat Feet
When a foot is severely pronated, or flat, it means its arches have fallen. Flat feet are less shock-absorbent for the bones, muscles, ligaments, and tendons of the entire body.

Plantar Fasciitis
The plantar fascia is the soft, springy tissue on the underside of the foot. With injury, wear-and-tear, or age, a painful, ongoing condition may result: plantar fasciitis.

Chronic Ankle Instability
If your ankle frequently “gives way” while walking or during activity, or if you’ve suffered from multiple sprains, you may have chronic ankle instability.

Metatarsalgia
Metatarsalgia is pain in the ball of the foot. The soft, springy tissue beneath the foot is the support system for bones. With injury, wear-and-tear, or age, tissue deteriorates. Arches flatten, and toes may begin to crowd one another.

Ask your doctor how Foot Levelers can help reduce your foot pain.
different activities need different orthotics
The Perfect Orthotic for EVERYDAY
STABILIZING ORTHOTICS

Our #1 Doctor Recommended Orthotic

InMotion® Improves performance in active patients

Designed for Everyday Activities
- Celliant® top to help increase energy and enhance performance
- Remove/wick away moisture 4x faster
- Help control odor and bacteria
- Includes DRS-X™ and the patented Gait Cycle System® for extra shock absorption
- Top cover provides better grip during athletic activity

I've had custom orthotics for years but was amazed when these arrived within a week to treat my neuroma! It was like going from a VW Bug to a Rolls Royce. The more I walked with the Foot Levelers, the better my feet felt! Six weeks later, I finished a 530-mile backpack trip, and I am ever so grateful to my Chiropractor and Foot Levelers.

- Sandy B.

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Select Your Shoe Type.

<table>
<thead>
<tr>
<th>Shoes with removable liner</th>
<th>Shoes without removable liner and tight-fitting shoes</th>
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</thead>
<tbody>
<tr>
<td><img src="image1" alt="Shoes" /></td>
<td><img src="image2" alt="Shoes" /></td>
</tr>
<tr>
<td>FULL LENGTH</td>
<td>DRESS LENGTH</td>
</tr>
<tr>
<td>Any</td>
<td></td>
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</table>

Women’s dress shoes

<table>
<thead>
<tr>
<th>(up to 1&quot;)</th>
<th>(Between 1 &amp; 2&quot;)</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th Avenue 1”</td>
<td>5th Avenue 2”</td>
</tr>
</tbody>
</table>

Be sure to ask your doctor about getting extra orthotics for support in all your shoes.

What’s on the Inside?

**EXTREME**
- 75% more shock absorption at heel strike
- 50% more propulsion at toe-off
- StanceGuard™ – For more support at mid-stance

For those who are on their feet most of the day, or who need maximum support and shock absorption. The more a person weighs and the more active they are, the more support is required.

**ULTRA**
- Shock absorption at heel strike
- Propulsion at toe-off
- StanceGuard™ – For more support at mid-stance

For those who are still active but may not need maximum shock absorption or need a lower-profile orthotic.
Choose a Top Cover.

**Active**
Active Cambrelle® Top
- Regulates foot and body temperature while controlling moisture.
- Recommend to:
  - Those with sweaty feet
  - Those who live very active lifestyles

**Comfort**
TechCel™ Top
- Provides extreme comfort and durability with an extra layer of cushion.
- Recommend to:
  - Those who stand for extended periods of time on hard surfaces
  - Those who need maximum cushioning

**Luxury**
Lambson Leather™ Top
- Luxurious leather top that slides comfortably into shoes, ideal for the businessperson who works in an office or travels often.
- Recommend to:
  - Business professionals who alternate between sitting and standing during the day

**Tough**
Tough Leather Top
- Our toughest and most durable top for those who wear work boots or who need extreme durability.
- Recommend to:
  - Those who are hard on their shoes and who need a more resistant product

**AVAILABLE IN:**
- EXTREME
- ULTRA

**AVAILABLE IN:**
- EXTREME
- ULTRA

**AVAILABLE IN:**
- EXTREME
- DRESS LENGTH
- ULTRA

**AVAILABLE IN:**
- EXTREME
- ULTRA

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Orthotics
Exclusively for Women

- Stabilizing orthotics made just for women
- Slim design to fit easily into heels with 1 inch or 2 inches
- Soft yet durable top cover for a more comfortable feel
- Discreet support for dress shoes and even strappy sandals

5TH AVENUE FOR 1"

1" Heel 7/8 Length ITEM 0910711

5TH AVENUE FOR 2"

2" Heel 3/4 Length ITEM 0910710

5TH AVENUE LUXURY FOR 2"

2" Heel Luxury ITEM 0913600 ULTRA THIN

Orthotics
For Men and Women

DRESS LENGTH LUXURY

Dress Length ITEM 0912800
A high performance orthotic for the **young athlete**

**AGES 5-12**

**Ultra Young Soles**

- Helps establish healthy posture as kids grow, from the ground up
- Offers biomechanical support, which may help alleviate growing pains
- Helps keep kids stable and supported during sports or play
- Available with our **Posture Protect Program™**

**YOUNG ATHLETES 13-18**

**CPOYA**

**Concerned Parents of Young Athletes**

**A high performance orthotic for the young athlete**

**3/4 Length**
Perfect for shoes and cleats with a tight toe box

<table>
<thead>
<tr>
<th>Length</th>
<th>Item Number</th>
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<tbody>
<tr>
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</tr>
<tr>
<td>3/4 Length</td>
<td>0913402</td>
</tr>
</tbody>
</table>

**FootLevelers.com | Social Media Links**
X3™ Long Distance Runners

Features

- EXTREME PROPULSION with MPAX PRO materials for improved performance
- MORE ADVANCED MPAX TECHNOLOGY
- Features double MPAX TECHNOLOGY

Tight-Fitting Athletic Footwear

Features

- OUR THINNEST MPAX TECHNOLOGY
- 53.2% lighter than any of our other orthotics
- athletic orthotic—perfect for cleats

Full Length ITEM 0913103

Full Length ITEM 0913101
SPECIALTY ORTHOTICS

**RELIEF**

**ELITE COMFORT™**

- Full Length  ITEM 0912911

Provides elite comfort and durability with an extra layer of cushion.

**MAGNETS**

**ELITE ENERGY XL™**

- Full Length  ITEM 0910300

May enhance your energy, edge, and performance.

*Contains magnets. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.

**LEGACY**

**SPS®**

Foot Levelers is proud to offer the innovation that started it all, our Spinal Pelvic Stabilizers, the original design of company founder, Dr. Monte H. Greenawalt. As demand for his services grew, Foot Levelers, Inc. was born in 1952.

**GOLF**

**PARFLEX PLUS®**

- Full Length  ITEM 0910701

- Increases club head velocity 3-5 mph
- Helps wearer hit golf ball 9-15 yards farther
- Helps improve your body’s alignment
- Helps reduce your fatigue

*Contains magnets. Do not use if you are wearing a pacemaker or electrical implant of any kind, or if you are pregnant.

**WATER RESISTANT**

**AQUAGUARD™**

- Full Length  ITEM 0910700

Great for high-humidity work environments or activities around water.

Dr. Monte H. Greenawalt
Brooks Addiction™ 13  
Color: Black/Pink/Grey  ITEM BRW0180  
**NEW**  
**WOMEN**  
Low or flat arches; 
Mild to moderate overpronation  
**SIZES** B, D = 5.5–12 • 2E = 6–12

Brooks Addiction™ 13  
Color: Black/Ebony/Red  ITEM BRM0180  
**NEW**  
**MEN**  
Low or flat arches; 
Mild to moderate overpronation  
**SIZES** D–2E = 7–12, 13, 14, 15 • 4E = 8–12, 13, 14, 15

Brooks Adrenaline™ GTS 19  
Color: Black/ITEM BRW0190  
**NEW**  
**WOMEN**  
Normal or medium arches; 
Mild to moderate overpronation  
**SIZES** B, D = 5–11, 12

Brooks Adrenaline™ GTS 19  
Color: Black/ITEM BRM0190  
**NEW**  
**MEN**  
Normal or medium arches; 
Mild to moderate overpronation  
**SIZES** D, 2E = 7–12, 13, 14, 15

Brooks Ghost 11  
Color: Navy/Grey/Blue  ITEM BRW0170  
**NEW**  
**WOMEN**  
High arches; 
Low pronation  
**SIZES** B-D = 5–11, 12

Brooks Ghost 11  
Color: Grey/Blue/Silver  ITEM BRM0170  
**NEW**  
**MEN**  
High arches; 
Low pronation  
**SIZES** D, 2E = 7–12, 13, 14, 15

New Balance Zante Pursuit  
Color: Gunmetal/Arctic Fox/Black  ITEM NBW0060  
**NEW**  
**WOMEN**  
Lightweight  
High arches; 
Low pronation  
**SIZES** B = 5-10, 12 • D = 5-11, 12

New Balance Zante Pursuit  
Color: Black/Phantom  ITEM NBW0060  
**NEW**  
**MEN**  
Lightweight  
High arches; 
Low pronation  
**SIZES** D = 7–13, 14, 15 • 2E = 7–13, 14, 15

Merrell Moab 2 WP  
Color: Granite  ITEM MEM0080  
**NEW**  
**WOMEN**  
Waterproof  
**SIZES** B = 5–11

Merrell FST 2 WP  
Color: Blue Smoke  ITEM MEM0060  
**NEW**  
**MEN**  
**SIZES** B = 5–11
OluKai Nohea Slipper
Color: Pale Gray ITEM ONW0060
SIZES M = 5-11 (WHOLE SIZES ONLY)

OluKai Pehuea Leather
Color: Clay/Clay Hanu ITEM ONW0010
SIZES M = 5, 6-10, 11

OluKai Moloa Slipper
Color: Dark Wood/Dark Wood ITEM ONM0040
SIZES M = 7-14 (WHOLE SIZES ONLY)

OluKai Kulana
Color: Fox/Dark Wood ITEM ONM0040
SIZES M = 7, 8-12, 13, 14

Clarks Un.Loop™
Color: Black Leather ITEM CLW0012
SIZES M = 5-10, 11, 12 • W = 6-10, 11

Florsheim Cap Toe Oxford
Color: Black ITEM FLM0020
SIZES D = 7-12, 13, 14, 15 • 3E = 7-11, 12, 13, 14, 15

*Styles and colors may vary slightly. Subject to Availability*
CAOS Wave
Color: Black  ITEM CMA010
SIZES B = 5-10 (WHOLE SIZES ONLY)

CAOS Riptide
Color: Black/Gray  ITEM CAM010
Sizes D = 8-15 (WHOLE SIZES ONLY)

Naot Arthur
Color: Brown  ITEM NAM010
Sizes M = 7-13 (WHOLE SIZES ONLY)
(3 ADJUSTABLE STRAPS)

Merrell Choprock
Color: Blue Smoke  ITEM MEW010
SIZES M = 5-11

Merrell Choprock
Color: Black  ITEM MEM010
Sizes M = 7-13, 14, 15

Naot Enid
Color: Vintage Slate  ITEM NAW020
Sizes M = 5-11 (WHOLE SIZES ONLY)
1 1/4" Heel  (2 ADJUSTABLE STRAPS)

Naot Paris
Color: Black  ITEM NAW040
Sizes M = 5-11 (WHOLE SIZES ONLY)
2" Heel  (1 ADJUSTABLE STRAP)

Naot Mikaela
Color: Brown  ITEM NAW060
Sizes W = 5-11 (WHOLE SIZES ONLY)
(2 ADJUSTABLE STRAPS) WIDE WIDTH SANDAL

Naot Papaya
Color: Gunmetal  ITEM NAW030
Sizes W = 5-11 (WHOLE SIZES ONLY)

Roanoke
Color: Brown  ITEM ROA010
Sizes 7-13 (WHOLE SIZES ONLY)

Roanoke
Color: Black  ITEM ROA020
Sizes 7-13 (WHOLE SIZES ONLY)

Roanoke
Color: Black  ITEM ROA020
Sizes 7-13 (WHOLE SIZES ONLY)
CUSTOM ORTHOTIC FLIP-FLOPS

Maui™
Color: Black Pearl
ITEM: CSM0060
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Fiji™
Color: Black Pearl
ITEM: CSW0050
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Catamaran®
Color: Mahogany
ITEM: CSW0020
SIZES: D = 7-14 (WHOLE SIZES ONLY)

Maui™
Color: Black Pearl
ITEM: CSM0060
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Fiji™
Color: Black Pearl
ITEM: CSW0050
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Catamaran®
Color: Mahogany
ITEM: CSW0020
SIZES: D = 7-14 (WHOLE SIZES ONLY)

Fiji™
Color: Black Pearl
ITEM: CSW0050
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Midnight Breeze®
Color: Black
ITEM: CSW0020
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Seabreeze®
Color: Shell
ITEM: CSW0010
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Bling™
Color: Black
ITEM: CSW0030
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Catamaran™
Color: Mahogany
ITEM: CSW0190
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Vegas™
Color: Black
ITEM: CSW0160
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Midnight Breeze®
Color: Black
ITEM: CSW0020
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Seabreeze®
Color: Shell
ITEM: CSW0010
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Our Most Popular Custom Orthotic Flip-Flop

Bling™
Color: Black
ITEM: CSW0030
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Fiji™
Color: Black Pearl
ITEM: CSW0050
SIZES: B = 5-11 (WHOLE SIZES ONLY)

Styles and colors may vary slightly. † No factory liner.
Heel lifts not recommended for Naots.

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MORE COMFORT.
LESS PAIN.

Only Foot Levelers has orthotics PROVEN to reduce Low Back Pain

Ask the staff how Foot Levelers can help eliminate your pain

FootLevelers.com